



ROAD SAFETY



It is important to teach children to be safe pedestrians from a very early age.

Young children (under 12 years) should never

cross the road alone - they cannot judge how far away a car is or how fast it is travelling, they do not understand danger and cannot be expected to think safety at all times.

Always accompany your child when he/she is on or near a roadway.

Always wear hi-vis clothing, especially in the dark or when visibility is poor and carry a torch on country or poorly lit roads.

Children do as we do, not always as we say. Lead by example when crossing the road:

- Stop, look and listen
- Don't try to cross the road between parked cars
- If possible, cross at a pedestrian crossing or traffic lights
- Never cross at a bend

If there is a footpath use it.

If there is no footpath, walk on the right hand side of the road, facing oncoming

traffic and keeping as close as possible to the side of the road.

Walk no more than two abreast and if the road is narrow or there is heavy traffic, walk in single file.

Carry out practical safety demonstrations with your child to help get important road safety messages across to them - go out walking with your child in your local area, and discuss potential hazards that you may encounter. This will allow you to find out what your child deems as safe and unsafe and what safety messages you need to reinforce - this will help your child to think safe because you act safe.



In the Car

With lots of us taking the kids out for days always remember to buckle up and wear your safety belt.

Did you know 3 out of 4 child car seats are not fitted correctly which can cause death or serious injury? You can get your child car seat checked for free when you visit the Check it Fits Road show.

Check out for dates and more information on road safety www.rsa.ie